

Free, Fast & Private

What is MyTest?

The MyTest project provides access to free HIV self-test kits through vending machines for people living in NSW.

What is HIV?

HIV stands for Human Immunodeficiency Virus and is a manageable condition. It is a virus that attacks your immune system. HIV weakens the body's immune system which makes it hard for your body to fight off infections.

The longer HIV is left untreated, the more damage it can do. This is why it is important to test often and to start treatment as soon as possible if you need it.

How do I get a free HIV self-test kit?

To get a free HIV self-test kit, go to the MyTest website and register. All you need to do is provide a mobile number or email address. Once you have registered, choose a vending machine location near you to collect your self-test from.

Do I need an HIV self-test through MyTest?

HIV testing is free, fast and private with MyTest. Anyone who is sexually active may be at risk of HIV.

The only way to know your HIV status is through testing.

While anyone who is sexually active is at risk of HIV, HIV testing is particularly recommended for:

- people with multiple partners or a recent partner change
- migrants from countries with a high rate of HIV
- anyone diagnosed with a STI
- pregnant women
- people using pre-exposure prophylaxis to prevent HIV
- gay, bisexual and other men who have sex with men, including trans women who have sex with men
- sexual contacts of someone with HIV or at risk of HIV
- anyone with symptoms of HIV.

Where can I find out more information?

You can find more information about MyTest, HIV prevention testing and treatment on the MyTest website.



Scan the QR code



mytest.health.nsw.gov.au